

# THE FOUNDATION

F A L L 2 0 0 9

## About the Foundation

The Lancaster Osteopathic Health Foundation is a public charity created in 1999 with proceeds from the sale of Community Hospital to Health Management Associates. With assets in excess of \$11 million, the Foundation is committed to enhancing the health and well-being of the entire community, consistent with the osteopathic tradition of compassionate, patient-centered wellness. The Foundation builds the holistic health of the community by investing in people and programs that provide healthcare and health education to Lancaster's children, especially the underserved.



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## Foundation Honors Two Groundbreaking Osteopathic Physicians

Lancaster County's roster of osteopathic physicians is rife with many pioneers. This year's physician scholarship honorees are two such groundbreakers. Long before television's popular forensic dramas brought that aspect of medicine to public prominence, Dr. Walp elevated the community's office of coroner to a new level of professionalism and quality. Likewise, at a time when physicians' faces generally matched their white coats, Dr. White introduced racial diversity to the County's physician caregivers.



Barry D. Walp, DO



Harold F. White, DO

The lifelong work and service of Barry P. Walp, DO and Harold F. White, DO, FACOFP will be commemorated annually as scholarships in their names are presented to future scholars entering osteopathic medical schools.

Dr. Walp earned his Bachelor of Science degree in biology from Franklin & Marshall College in 1951. He graduated from Philadelphia College of Osteopathic Medicine in 1956 and completed an internship at Lancaster Osteopathic Hospital a year later. He opened and maintained a private practice in Lancaster until 2003. Today, he remains a courtesy staff member of Heart of Lancaster Regional Medical Center in Lititz.

While maintaining his active practice, Dr. Walp was chief of staff at Lancaster Osteopathic Hospital in 1967–1968. He served on the Hospital's board from 1978 until 1981. A member of the Lancaster Osteopathic Medical Society throughout his career, he was president of the organization in 1967–1968 and 1983–1984.

In 1967 Dr. Walp was appointed Lancaster County deputy coroner, a position he held until 1973. That year he was appointed Lancaster County chief deputy coroner. In 1983 he was elected to his first of five consecutive four-year terms as Lancaster County coroner. He retired as Lancaster County coroner in 2003.

While coroner, Dr. Walp was a member of the Pennsylvania State Coroners' Association board from 1983 until 2001. He served as the organization's president in 1988–1989. From 1990 to 2003 he was a member of the International Association of Coroners and Medical Examiners. Governor Tom Ridge appointed him to the State Coroners' Education Board in 1997, a position he held until 2001.

In addition to his private practice and his coroner responsibilities, Dr. Barry Walp was a member of the boards of Life Belt Lancaster and Hospice of Lancaster County and a lifetime member of Lancaster Sertoma Club. He continues to serve

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Sharon Greulich Cody, Esq.

## A Letter from the Foundation Executive Director

*The true meaning of life is to plant trees,  
under whose shade you do not expect to sit.*

—Nelson Henderson

At its most basic, a foundation's job is to match money and need in a meaningful way. It is a challenging task that is hard to do well and impossible to do quickly. Ideally, a foundation needs to provide support without encouraging dependency. It needs to be idealistic and practical, proactive and reactive, collaborative and strategic. It needs to understand complex problems and evaluate competing solutions. It needs to investigate people and programs to find ones with both the wisdom and commitment to carry out the chosen solutions. If it is lucky enough to find such people and programs, it needs to evaluate them to see if the proposed solutions achieve the desired results. A public foundation like ours also needs to do all of this in the most thoughtful, frugal, accountable and transparent way possible.

Since 1999, the Lancaster Osteopathic Health Foundation has been working to match money and need in a meaningful way. Its mission is to achieve better holistic health for the children of our community, and for a decade it has been doing just that. The Foundation has worked to improve the minds, bodies and spirits of Lancaster's neediest children both by increasing the number and quality of health care workers in our community, and by investing in

accessible health care and health education programs. In total, over 1.6 million dollars of investments have been made over the last decade to improve the health of our community's children.

The Foundation has given 68 grants to 48 local children's health programs, much of it invested through its partnerships with the United Way, the Heinz Endowments, Reach Out and Read, and PALCO (Project Access Lancaster County). These program investments have shown great results. Two of the Foundation's grantees, Wellness Works and Power Packs, have been featured in the national media for their innovative program solutions to local health care problems.

The Foundation has also provided scholarships to local students attending medical and nursing school. To date, 14 osteopathic doctors and 103 nurses have received scholarships. Nearly all of these folks are employed locally, caring for our community's health.

The Lancaster Osteopathic Health Foundation has done well with its challenges. The reason is the wonderful group of donors and volunteers who have supported its work to improve local children's health. More than 200 people have donated nearly \$1 million to the Foundation over the last 10 years. More than 80 doctors, nurses, educators, social workers and business people have spent several thousand hours over the last decade guiding the Foundation. They have done this not because they have money or time, but because they have vision and compassion. They are my patient partners in growing the shade tree under which all community's children will someday sit.

## BOARD OF DIRECTORS

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New Choices/New Options

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### Our Staff

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Lourdes Vazquez, MEd  
Educational Consultant

## Foundation Honors Two Groundbreaking Osteopathic Physicians

on Hospice's medical advisory committee and is active in the Masonic order.

Dr. Walp resides in Millersville with his wife, Jane L. Young Walp. They have three adult children and six grandchildren.

Dr. Harold White was born and raised in Reading. After graduating from Lincoln University in Chester County, he served in the United States Army. Feeling a deep desire to heal his fellow man, he entered Philadelphia College of Osteopathic Medicine. Graduating from there in 1961, he came to Lancaster to intern at Lancaster Osteopathic Hospital. He first opened his family practice in Lancaster City in 1962.

In 1973 Dr. White was named a fellow of the American College of Osteopathic Family Physicians. In 1981 and 1982 he served as president of the Community Hospital of Lancaster's medical staff. He was selected president of the department of family practice at that hospital and its predecessor three times, the most recent being in 1984-1987.

On a state and national level, Dr. White was a member of Houses of Delegates of both the American Osteopathic Association and the Pennsylvania Osteopathic Medical Association from 1968 to 1982. He also served on the Pennsylvania Osteopathic Medical Association's board of trustees from 1969 to 1982, presiding in 1975-1976.

Over the years Dr. Harold White has received many honors as both a doctor and as a community member. In 1980 the Pennsylvania Society of the American College of Osteopathic Family Physicians named him "Physician of the Year." In 1986 he received the Frederick J. Solomon, DO Award of Merit from the Pennsylvania Society of the American College of

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Osteopathic Family Physicians.

Notably, Dr. White was the first African-American elected to the School District of Lancaster's board, a position he held from 1971 until 1995. In 1989 he received the Distinguished Board President Award from the District after serving as board president. They further lauded his service when, in 1995, the District named the JP McCaskey East High School library in his honor.

Dr. White was a founding board member of SouthEast Lancaster Health Services and Big Brothers Big Sisters of Lancaster. He also served on the Urban League of Lancaster's board, serving as their president from 1973 to 1975. Other boards Dr. White has served on include the Human Relations Committee of Lancaster City and County, the local NAACP board, Lancaster County Blind Association, Learning Disabilities Association of Lancaster County and the Community Action Program (CAP) of Lancaster County.

Dr. White is a member of Bright Side Baptist Church, Lancaster, and Omega Psi Phi fraternity. Married to Ruth Lorraine White, he resides in Lancaster City. He and his wife are the parents of four adult children.

"These two dedicated physicians pioneered quality, patient-centered health care in Lancaster County," said Scott Silverstein, DO, chair of the Lancaster Osteopathic Health Foundation. "Dr. Walp raised the bar of public health in this community through his tenure as Lancaster County coroner. The doors Dr. White opened as an osteopathic physician and as a physician serving an underserved population are legendary."

## Previous Foundation Physician Scholarship Honorees

**Norman M. Axelrod, DO**  
Scholarship—  
first awarded in 2007

**Victor M. Bove, DO**  
Scholarship—  
first awarded in 2006

**Anthony M. Congello, DO**  
Scholarship—  
first awarded in 2005

**Paul W. Herr, DO**  
Scholarship—  
first awarded in 2005

**Grace Helsel Kaiser, DO**  
Scholarship—  
first awarded in 2008

**Jeffrey N. Levine, DO**  
Scholarship—  
first awarded in 2008

**Robert S. Snader, DO**  
Scholarship—  
first awarded in 2006

**David E. Wiley, DO**  
Scholarship—  
first awarded in 2007

## Two More Future DOs Receive Medical School Scholarships Totaling \$80,000

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public and private hospitals, she is resolved to serve the underserved as a doctor."

"By investing in these two students, the Foundation is really investing in the future of Lancaster County healthcare," explained Sharon Greelish Cody, executive director of Lancaster Osteopathic Health Foundation. "Through them and the seven others currently attending Philadelphia College of Osteopathic Medicine on Foundation scholarships, we are working to

maintain the highest quality of medicine in our community by advancing the osteopathic tradition of patient-centric healthcare."

To learn more about Lancaster Osteopathic Health Foundation physician scholarships, call the Foundation or visit our web site at [www.lancasterosteopathichealthfoundation.org](http://www.lancasterosteopathichealthfoundation.org). The deadline for 2010 medical school scholarship applications will be in late May 2010. Grants will be awarded in July 2010 for the 2010-2011 school year.

## The Foundation Physician Scholarship Selection Committee

Scott Silverstein, DO, *chair*,  
*Conestoga Pulmonary & Critical Care, Ltd.*

Peter Hurtubise, DO,  
*Foundation board member*,  
*Heartland Family Health*

Vincent D. Glielmi, DO,  
*Foundation osteopathic advisory committee member*,  
*Ephrata Community Hospital*

Kenneth R. Hess, PhD,  
*Franklin & Marshall College*

Debra L. Wohl, PhD,  
*Elizabethtown College*

Sharon Greelish Cody,  
*Foundation executive director*

# 18 Nursing Students Receive Scholarships Valued at over \$45,000

The Lancaster Osteopathic Health Foundation has awarded scholarships to 17 women and men pursuing degrees in nursing. In addition, one scholar was granted funding for her second year of study.

“Over the nine years in which the Lancaster Osteopathic Health Foundation has been awarding these scholarships, it has invested more than \$377,000 in the education of future nursing students,” said Sharon Greelish Cody, Lancaster Osteopathic Health Foundation executive director. “The Foundation is thrilled to award its 100th scholarship to this year’s class of nursing scholars. In total, we have now helped train 103 caring women and men to serve this community.”

Leading scholars pursuing their RN degrees at Lancaster General College of Nursing & Health Sciences included:

- ▲ Harold H. Finkel Memorial Scholar—  
Brandy Smith of Lancaster
- ▲ St. Joseph Hospital School of Nursing Alumnae Scholar—  
Eric Beck of Lancaster
- ▲ Linda Gort, MS, CRNP Scholar—  
Monica Hershey of Lancaster.

Receiving a second scholarship to help underwrite her study toward a BSN degree at Eastern Mennonite University-Lancaster was Jessica Semrau Gillis of Lititz.

Also awarded scholarships to attend Lancaster General College of Nursing & Health Sciences in pursuit of RN degrees were:

- ▲ Lane Burkholder and Andrea Dougherty, Ephrata
- ▲ Tatyana Fedarinenko and Del-Rae Rice, Akron
- ▲ Lauren Johnson, Lititz
- ▲ Heather Kreider, Manheim
- ▲ Alison Nolt, East Petersburg
- ▲ Haley Weaver, Lancaster

Scholarship recipients pursuing LPN degrees at the Lancaster County Career & Technology Center include:

- ▲ Brenda Bevins and Angela Wilkerson, Lancaster
- ▲ Meredith Huffman and Keesha Levering, Ephrata
- ▲ Rachael Mabry, Denver
- ▲ Katlyn Spayd, Manheim.

More information on these scholarships is available by calling the Foundation or visiting our web site at [www.lancasterosteopathichealthfoundation.org](http://www.lancasterosteopathichealthfoundation.org). The deadline for 2010 nursing school scholarship applications will be early June 2010. Grants will be awarded in July 2010 for the 2010–2011 school year.



Seated, left to right: Meredith Huffman, Heather Kreider, Haley Weaver, Andrea Dougherty and Angela Wilkerson. Middle row: Katlyn Spayd, Brandy Smith, Tatyana Fedarinenko and Alison Nolt. Top row: Keesha Levering, Rachael Mabry, Eric Beck and Lane Burkholder.

## Foundation Nursing Scholarship Selection Committee

Eileen P. Sosa, MSN, CRNP, chair, Foundation board member emeritus and a family nurse practitioner at SouthEast Lancaster Health Services

Amanda Fowler, RN and labor and delivery nurse at Lancaster General Hospital

Jeanne W. Payeur, BSN and nursing educator in mental health at HACC, who represented St. Joseph’s School of Nursing alumnae

Milonda Johnson, LPN, previous scholarship winner and a nurse at The Heart Group

Tanya Long, RN, previous scholarship winner and a nursing educator at Lancaster General Hospital and Lancaster County Career & Technology Center

Sharon Greelish Cody, Foundation executive director

## Friends and Colleagues Celebrate Our 10th Anniversary Celebration



Dr. Anderson, our keynote speaker, touched many present and future caregivers with his message, including these two Franklin & Marshall College students, Lisa Brown and Tanya Tavassolie.

On September 3, the Lancaster Osteopathic Health Foundation marked its 10th anniversary in a very special way. We were honored to have one of the pioneers of osteopathic medicine and a leader in the civil rights movement, William G. Anderson, DO, join us as our keynote speaker. We thank the Office of Health Professions Advising at Franklin & Marshall College, with the support of the John L. and Helen B. Polcyn Memorial Fund, for partnering with us to present this very special evening.

# Donor Hall of Fame

No celebration of the Foundation's first 10 years would be complete without recognizing the many donors who have helped underwrite our mission from 1999 to 2009. This donor hall of fame represents cumulative giving.

## **\$100,000 and up**

The estate of Donata B. Fisher  
The estate of Dr. Richard Hiestand  
The estate of Ethel Yuninger

## **\$50,000-\$99,999**

The estate of Lois Erb  
The estate of Geraldine N. Santamary  
(in memory of her brother,  
Dr. Daniel G. Nein)  
The estate of E. Earl Wolf

## **\$10,000-\$49,999**

The estate of Elwood Hackenberger  
The estate of Philip Harris Jones  
(in memory of his father,  
Dr. E. Clair Jones)  
The Oxford Foundation  
St. Joseph School of Nursing  
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## **\$5,000-\$9,999**

The estate of Shirley Snader Bubb  
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The estate of Reba Hayes  
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## **\$2,000-\$4,999**

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(in memory of her mother,  
Irene M. Helinski)  
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## **\$500-\$1,999**

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Hildebrandt Learning Centers  
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Dr. Peter Hurtubise  
and Dr. Nazafarine Keyvani  
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Dr. Jeffrey Keyser

Dr. Jeffrey Levine and Dr. Ellen O'Mara  
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John Vanderzell, PhD  
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Carolyn Voorhees, RN, MSN  
and Ralph Myers  
West Reading Radiology Associates

## Memorials & Celebrations

### 10th Anniversary Sponsors

Mill Creek Capital Advisors, LLC,  
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Tait, Weller & Baker, LLP, Dinner  
Sponsor  
Regional Gastroenterology  
Associates of Lancaster, Speaker  
Sponsor  
Heart of Lancaster  
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Cocktails Sponsor  
AO Orthopedics,  
Bronze Sponsor

## Please Sustain the Foundation's Mission with Your Support

To help us continue to shape the future of this community's health care and protect our children, your tax-deductible gift is needed. Please make your check payable to "Lancaster Osteopathic Health Foundation" and return it to: Lancaster Osteopathic Health Foundation, 128 East Grant Street, Suite 104, Lancaster, PA 17602-2854. Thank you!

A copy of the official registration and financial information of Lancaster Osteopathic Health Foundation may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

## Two More Future DOs Receive Medical School Scholarships Totaling \$80,000

Receiving the Harold F. White, DO scholarship was Sean P. Perrine of Lancaster. At Franklin & Marshall College, he majored in biological foundations of behavior with a neuroscience concentration. He minored in German language and literature. There, he was a member of the Benjamin Rush and Psi Chi National Psychology honor societies. He also received the M. Joseph Buehrle German prize. He earned his Bachelor of Science degree from F&M.

While attending F&M, Perrine volunteered at SouthEast Lancaster Health Services. There he served as an administrative assistant for the medical department, prior to entering Philadelphia College of Osteopathic Medicine this fall.

Jaime Wolf received the Barry D. Walp, DO scholarship. After graduating from Cocalico High School in 2003, she attended Franklin & Marshall College where she majored in biology and Spanish. She graduated with her Bachelor of Science degree.

At F&M, Wolf was a member of the Sigma Delta Pi National Hispanic Honor Society. As part of her schooling she traveled to Chile in 2007 for a clinical observation.

Before leaving to begin her studies at Philadelphia College of Osteopathic Medicine this fall, Wolf volunteered at SouthEast



Sean P. Perrine



Jaime Wolf

Lancaster Health Services where she helped with record keeping, laboratory tracking and other tasks in the obstetrics department. She also assisted with translations and bilingual communications at the federally qualified community health clinic in Lancaster City.

Both students will receive \$10,000 a year scholarships to help fund their four years at the Philadelphia College of Osteopathic Medicine.

In making these scholarship commitments, the Foundation has awarded a total of \$640,000 in medical school scholarships over the past eight years to 16 recipients. Seven scholarship recipients have graduated from Philadelphia College of Osteopathic Medicine. Seven other Foundation scholarship recipients are attending Philadelphia College of Osteopathic Medicine.

Scott Silverstein, DO, president of the Lancaster Osteopathic Health Foundation board, said “Sean showed himself at SouthEast Lancaster Health Services to be a devoted volunteer and then a tireless and beloved employee. He is passionate about community medicine and hopes one day to work as a family doctor in a federally qualified health center. Likewise, Jaime is an impassioned caregiver. As an observational medical intern in Chile and her experiences there at

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